



FOODBANK

Cape Town

First Quarterly Newsletter

“Securing Quality Food for the Hungry”

Page 1

Intro Note:

Patrick Andries,

Executive Director, FoodBank Cape Town

Life in the two months of FoodBank Cape Town:

We have opened our doors. This in and of itself is no mean feat. Just prior to opening the FoodBank we did not have everything we needed in place but we knew this was the right way to go and that is what we did. Even though FoodBank Cape Town was launched as a merger of Feedback Food Redistribution, Lions and Robin Good our objectives are to reach those in desperate need and continue to work with strategic partners from Business, Government, Civil Society and NGO's. This is not our FoodBank. It belongs to the communities of Cape Town.

In the last two months it has been challenging to incorporate the different operations of the three merging organizations. This however bears testimony to the fact that organizations not focused on their own aspirations but on responding meaningfully to the needs of hungry people in our



Memorable Dates

- 6 April 2009 Appreciation Day held at the Philippi Warehouse
- 6 April 2009 MOU signed with Departments of Social Development and Agriculture
- 6 April 2009 Launch of the National Network known as FoodBank South Africa
- 18 May 2009 Launch of Lunch Buddies and Fruit in Schools Programme
- 26 May 2009 Launch of FoodBank Johannesburg



“Hunger Waits for No One, Lets Work Together and Make a Difference”

community can ultimately lead to more people being helped. We have a steady increase in our food donors' support but the need we are responding to remains challenging. We are inundated with requests daily but unfortunately at present cannot respond to all of those needing assistance from the FoodBank immediately. We are working with our funders and food donors to increase our food donations and infrastructure capacity to enable us to render a service to more Agencies. We are also working with Provincial Department of Social Development on a strategic approach to feeding in our communities so that certain parts of our communities are not under serviced and others over serviced. We also have been running workshops with the Agencies of the FoodBank in an effort to group the Agencies into Municipal Districts that make up the Cape Metropolis. This will result in a coordinated feeding approach that will lead to greater effectiveness and help with taking on new Agencies in a strategic manner.

Thank you to our food donors, funders, friends and family who have supported us over the last few months and who will continue to enable the FoodBank Cape Town to work towards hunger eradication.



Volunteers in the FoodBank

Name: Louise Deroubaix
 Country: France, Lille
 Most enjoyable section of the FoodBank:
 The trucks, getting to see the beneficiaries & delivering them food.

Volunteers form an integral part of the success of the FoodBanks around the world.

We are always looking for Volunteers to help in all areas. For more information email

volunteer@foodbankcpt.org

Ilima Gardens



The FoodBank Cape Town does not exist purely to give free food to those who desperately need it. It also aims to empower communities and equip them to provide for themselves on a long term basis. The Ilima Community Gardens Project is the first step in a three-year development programme that aims to help beneficiary organizations reach a state of sustainable food security.

In order to empower our beneficiaries and help them to become self sufficient, FoodBank South Africa aims to obtain funding to establish 50 community gardens throughout the country. FoodBank Cape Town with this funding will be establishing 10 gardens by the end of 2009. Community gardens aid beneficiaries in a number of different areas such as gaining further knowledge about nutrition, learning gardening skills which they can use for sustainable nutritious food sourcing and creating a consistent supply of fresh vegetables.

In order to increase the chances of sustainable success, beneficiaries are bundled together into groups of 5. These 5 agencies meet regularly, together with a FoodBank Fieldworker, in order to create a supportive community network.



“20 FoodBanks in 3 years” - Alan Gilbertson, acting MD of FoodBank South Africa

Lunch Buddies and Fruit in Schools Launched

HUNGRY SCHOOL CHILDREN WILL NOW RECEIVE MORE THAN JUST A SANDWICH.

FoodBank Cape Town has partnered with the Fresh Produce Exporters Forum (FPEF) and the Peninsula Schools Feeding Association in order to expand the Bread Buddies Schools feeding programme into the Lunch Buddy Program. “Lunch Buddies” is an initiative, aimed at providing pupils from underprivileged schools with a nutritious lunch.

With generous funding and support from the Clinton Global Initiative for Child Hunger Relief, and the Global Foodbanking Network, FoodBank Cape Town and the FPEF have been able to launch their Fruit in Schools, Lunch Buddies, pilot campaign.

Sandwiches collected through existing donor schools from the Bread Buddies campaign are now brought back to the FoodBank where they are paired with a piece of fruit and then distributed to the beneficiary schools. Fruit is also distributed into the Peninsula Schools Feeding Association schools as part of a pilot run as well.

Many children have a diet with low nutritional value and some go to school hungry every day, finding it difficult to concentrate on their schoolwork. Adding fruit to the sandwiches, improves the nutritional value of each child’s diet.

Food Sourcing:

Elton Leite,
Food Sourcing Manager

Feeding over 70 000 people on a weekly basis might seem quite substantial to some, but in reality it is only a drop in the bucket. The need for assistance tends to increase when those who have managed to stay afloat during the summer months run out of money by the time winter hits. An entire season of increased electricity, coupled with higher transportation and food costs mean that people who live on or near the edge of financial hardship begin to suffer by spring.

Many of our agencies have reported record numbers of emergency food requests. As the worldwide recession continues to become a reality, we now start to see the need for a consolidated effort from all parts of society. Since the launch of the very first FoodBank in Southern Africa, we have received some considerable donations as listed below. This allowed us to reach more than 360 Community Based Organisation.

I have found the Cape Town Food Producing Community extremely generous and willing to help and would like to thank Tiger Brands - Purity & Elizabeth Anne’s for the kind donation of 9000 units of Purity Formula and Hot Favourites for their large donation of prepared meals. Our tonnage for the month of May was **190,962kg’s**.

It is therefore my request to all my fellow Capetonians to open you hearts and together we as we stand up against the disease called hunger.

“It is difficult, if not impossible to learn when you have nothing in your stomach feeding your brain”



“Cedar House Visits”

As mentioned before, not only is funding a vital part to the sustainability of the FoodBank of Cape Town but so is volunteering. Without our volunteers we wouldn't be able to achieve what we have achieved thus far. We wouldn't be able to support the 360 Agencies that we currently support, we wouldn't be able to be able to push out on average 195 000 tons per month and last but definitely not least, we wouldn't be able to feed over 22 000 people per day.

So it is at this point that I would like to thank the likes of Cedar House for your amazing effort, as well as the Ackerman Foundation and the other amazing volunteers that have given up of their time to help us in the fight against hunger.



The Purity Tower built whilst defacing 8 and half pallets in less than 2 hours.



FOOD **BANK**
Cape Town

PHILIPPI FRESH PRODUCE MARKET ■ 1 MARKET ROAD ■ PHILIPPI EAST ■ (021) 371 0042

WWW.FOODBANKCAPETOWN.ORG